MAKE YOUR OWN ORANGE SHIRT



Wearing an orange shirt helps people remember the kids who went to Indian residential schools. Draw a picture on an orange t-shirt or print this one and draw on it.



Techouse

ORANGE SHIRT DAY MAZE



I made a giant Shawl Doll statue for my Kookum Nadie at the Dream Factory. All of my friends helped me make it. Now, I just need Drew and Jonathan to bring it to the Orange Shirt Day Festivities. I can't wait to show it to Kookum Nadie.



Help the Builder Brothers get to the stage!



FACT

Grandmas have all sorts of names, depending on what language you speak. "Kookum" is one way of saying 'grandmother' in the Cree language. Do you know how to say Grandma in any other language?



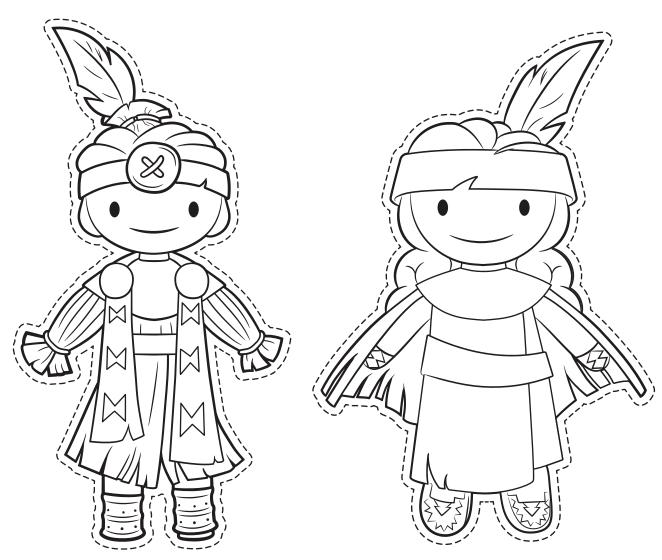
MAKE YOUR OWN SHAWL DOLL OR GRASS DANCER



There are many ways to make a Shawl Doll or a Grass Dancer. Indigenous people traditionally used items they found in nature. You can use anything! Recycled materials, things you find, or use these pictures.

FACT

Indigenous children were not allowed to dance their **traditional dances** at Indian residential schools.





If you don't have access to other materials, have your students **colour** these dolls and tape or glue them on to a pencil or chopstick.

Invite an Indigenous dancer or Elder to explain the traditions of a Shawl Doll or Grass Dancer.



"EVERY CHILD MATTERS" SAFE SPACE BANNER OR POSTER

"Every child matters" is a slogan used on Orange Shirt Day. It was created to honour the innocent lives lost in Indian residential schools, but also serves as a reminder that all children are important. It's critical to create safe spaces for all students and make everyone feel included and valued.

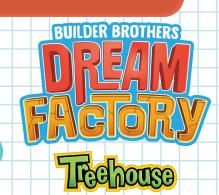
Put your poster or banner in your room and keep it up for the school year! It will remind everyone to be kind to each other as well as helping us remember the children who went to Indian residential schools and those who did not make it home.





FACT

Orange Shirt Day is in **September** because it's the time of year in which children were taken to Indian residential schools.



COLOURING WITH NATURE



The Builder Brothers helped me find items to re-use to make the statue for my Kookum Nadie. There are many ways to re-use things. Indigenous people traditionally used colours from nature to make their art. See if you can find items in nature that could help you make colours for your own drawings.



Nature is extremely important and respected in Indigenous cultures. It would be great to do this activity outside with your students.



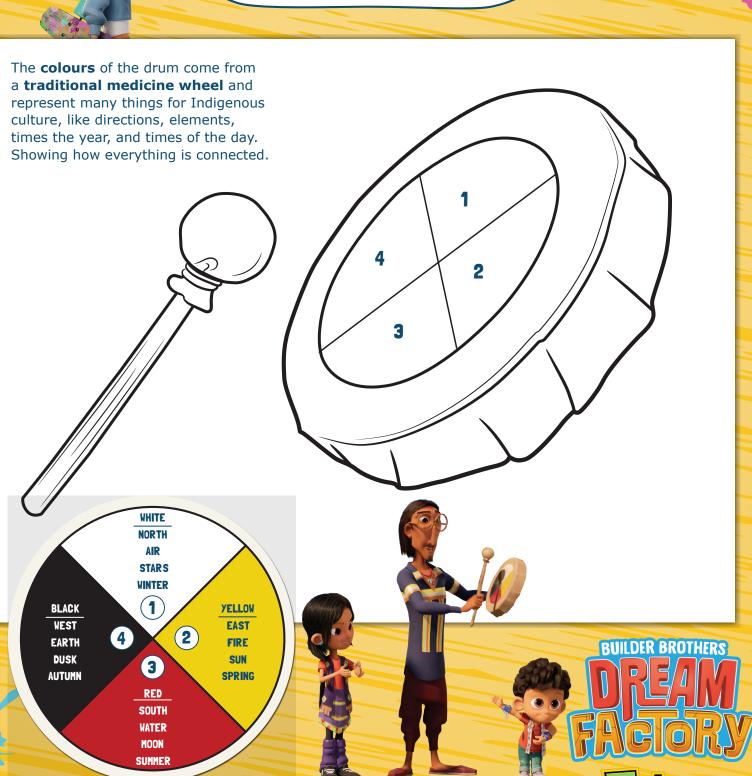
Draw pictures of things you think you could find in nature to make colours:



MIKISEW'S MUSIC: COLOUR BY NUMBER



I love listening to my dad drum Cree music. My whole family is Cree. Music is an amazing way to express how you feel and share your culture. Do you have special music from your culture that you like to play or listen to?



MIKISEW'S MUSIC: MAKE A HAND DRUM!

MATERIALS:



SCISSORS

CLEAN CONTAINER

UNCOOKED RICE

FUNNEL



DOWEL/STICK

RUBBER BAND



Time to get crafty! You can either make one or two of these ahead of class and use them for music moments, or if you have access to supplies, have your students each make and decorate their own.

INSTRUCTIONS:

Making the Drum!



STEP 1: Cut off the neck of the balloon.

STEP 2: Take a clean container and stretch the balloon over the top using one of the rubber bands to secure it. (Tricky, would need extra hands to help!)

Making the Mallet!



STEP 1: Cut off the tip of the second balloon. Like the first one, but do not cut as much.

STEP 2: Use a funnel to pour rice inside of the balloon.

STEP 3: Take a dowel and poke it into balloon stuffing.

STEP 4: Once it's poked all the way in wrap the other rubber band around the balloon securing it to the dowel and saving the rice from spilling.

STEP 5: To decorate the container and dowel if you want to!



To view the full video at:

BACKYARD BEATS - The Indigenous Hand Drum



If you can, invite an **Indigenous drummer** or Elder in to share some traditional songs.

FACT

Indigenous music is a way to include stories and teachings that get passed on to the next generation. Did you know that there are lots of traditional songs that sing about caring for the Earth? The drum sounds like a heartbeat. In Indigenous culture, that heartbeat is from Mother Earth!



